

## WASHINGTON SCHOOL DISTRICT ATHLETIC DEPARTMENT



### FREE SPORTS PHYSICALS

Washington School District is providing physicals for district student-athletes who will be in grades 7-12 next year and who plan to compete in any of the district's sports. ImPACT™ concussion testing will also be conducted at the high school the day of the physicals.

Thursday, **June 8, 2023 @ Washington H.S.** is the first of two dates the district will provide physicals for its student-athletes for next year. The make-up date for physicals is **Saturday, August 12<sup>th</sup> @ Cameron Wellness Center.** Student-athletes who get a physical on either of these dates will not need another one for the winter and/or spring sports seasons unless a change in their medical status occurs.

District physicals will be given at **Washington High School** beginning at 8:00 a.m. on June 8<sup>th</sup>.

ImPACT™ testing will also be conducted in the Library Computer Lab (8:00 a.m. – 11:00 a.m.). In order for your district student-athlete to receive this free physical, they must have sections 1 – 5 of PIAA CIPPE completed upon arrival. Section 6 is the actual physical the physician will complete that day.

**Please note** – The PIAA approved updated CIPPE forms on **March 22, 2023**. These forms are available in athletic office or on the district website under athletics. Outdated forms and other doctor forms will not be accepted by the Athletic Office.

#### **Thursday, June 8<sup>th</sup> – Report Times**

8:00 a.m. – 12<sup>th</sup> Grade  
8:45 a.m. – 11<sup>th</sup> Grade  
9:15 a.m. – 10<sup>th</sup> Grade  
10:00 a.m. – 9<sup>th</sup> Grade  
10:45 a.m. – 8<sup>th</sup> Grade  
11:30 a.m. – 7<sup>th</sup> Grade

*\*Washington Health Systems will begin seeing Wash High students at 10:00 am on August 12th.*

*\*Physicals will not be given after 12:00 pm - noon.*

*-Any student wishing to participate in district-sponsored athletics must have a physical on March 22, 2023 updated CIPPE form and a current IMPACT test on file in the Athletic Office.*